

# 2025



# 2026

## Semesters

Fall: Sept 9 - Dec 16  
Spring: Jan 6 - June 16

## Cost

Beginners: \$35 per semester  
Experienced: \$60 per semester

## What to expect:

Beginners meet for the first hour of class and are welcome to stay during the break for announcements. We also encourage you to come every week; because this type of dance requires progressive learning. Experienced dancers are also learning dances.

Before each class we have a warm up walk around the room to Scottish tunes. This gives us time to chat with each other and warm up our muscles. Class begins with gentle stretches or an easy dance. Teaching follows with some basic steps (footwork) and figures (how we put dances together). We do walk-throughs to practice the dance, next a verbal brief, then we dance.

Scottish Country Dancing is great physical and mental exercise, as well as lots of fun. While dancing, you will be encouraged to smile at other dancers and even occasionally flirt. Some dances date back 200+ years and others are more modern.

**We are more than a dance class. We are a dance group, who have become friends while sharing a love for Scottish Dancing.**

**We would love for you to become part of this group.**

**For more information visit our website:**

[www.gsoscads.org](http://www.gsoscads.org)

